

Care of Students in Practical Sessions

On our courses you are expected to act as models for practical sessions. We are aware that this can be challenging for some students with sensitive systems. The care of students is a high priority for the SCCO, and we have a number of systems in place to manage this.

We also ask for your co-operation in this process, and you need to take responsibility for your own well-being by communicating with the operator and by seeking help from your tutor as soon as any reaction or discomfort is felt. The following systems are in place to prevent or minimise reactions. We need you to follow these suggestions.

Past Medical History Form

You will be asked to fill out a PMH form and hand it to your tutor at the beginning of each practical. This informs the tutor of any health issues that they need to be mindful of. The PMH is then passed back to the student. It is very important that this form is filled out carefully, including trauma history and any previous reactions to cranial treatment. With your permission, and at the discretion of the tutor, it may be advisable to disclose something on your PMH to the student who is working on you. It goes without saying that personal and medical information that is disclosed during the course is treated with the strictest confidentiality and your cooperation in this is understood in joining the course.'

Responsibilities during the course:

Tutors will be very astute in monitoring the group to reduce any developing reactivity in a model's system. Please tell your tutor if there is anything that is concerning you at any time. The introduction at the start of the day is a good opportunity for this.

Models It is your responsibility to indicate if you are feeling uncomfortable at any time. It is much better to prevent a reaction by indicating discomfort early than to have to settle a reaction afterwards. If speaking up at the time is difficult, we use the following communication system:

Raise 1 finger: Please ask the tutor for assistance I am feeling uncomfortable

Raise 2 fingers: Please take your hands off and call the tutor

Operators Please follow instructions given by the tutor carefully and do not get involved in treatment unless told to do so. Watch for signs of discomfort in your model and be prepared to ask your tutor for assistance.

If you feel unwell

1. **Speak to your Tutor:** If you feel unbalanced or unwell at any time during the course please talk to your tutor on the day at the earliest opportunity. It is much easier to settle a reaction if it is addressed early.
2. **Talk to the Course Director:** If you still feel unhappy or unwell after your tutor has checked you then you should discuss with your tutor and the Course Director.

At the end of the course:

It is a requirement that you are checked by a tutor at the end of the course before you leave. This is usually your tutor on the final day, but occasionally will be another tutor. The aim of this headchecking is not to give a full treatment but to ensure that any changes made during practicals on the course are integrated throughout the whole body.